



PARA-ARCHERY COACHES SEMINAR

Coaching archers from beginners to competitors

BELGRADE (SRB) - 10th to 13th APRIL 2018.

CONCERNED ASSOCIATIONS

This seminar is organized with the support of World Archery Europe (WAE) for:

- WAE's Member Associations
- National Federations in charge of Para-Archery in WAE geographic area*

() in this case, registration must be done through the WAE's member association*

CONTENT

The objective of the seminar is to propose the specific knowledge to the coaches about archery for disabled persons:

- First part will be addressed to teaching beginners at their arrival in the club.
- Second part will be addressed to teaching archers in competition (from national to international level) and information about classification and sport classes in WA events.

PRELIMINARY PROGRAM

MON	09 APRIL 2018	Arrival in afternoon
TUE	10 APRIL 2018	Coaching to the beginner archers – Day 1
WED	11 APRIL 2018	Coaching to the beginner archers – Day 2
THU	12 APRIL 2018	Coaching to the competitors – Day 1
FRI	13 APRIL 2018	Coaching to the competitors – Day 2
SAT	14 APRIL 2018	Departure in morning

Detailed content in appendix.

LOCATION

Hotel Slodes (Sport oriented hotel in park/forest area not too far from center)
<http://www.hotelslodes.rs/en/rooms.html#includes>

Closest airport: Belgrade airport "Nikola Tesla" (23km or cca. 30min from Hotel)

TEACHERS

The seminar is organized with the support of experimented people who use to teach archery coaching in their country.

Courses will be held in English.

If some translation is wished, please ask before registration if we can propose it in the required language.

With application, please send a small CV like form - to find out the coach experience in archery and coaching, as well information if the coach has a disability.

All this information will help the tutors prepare to teach.

PARTICIPANTS PROFILE

This seminar is organized for people who already have experience in teaching archery.

The content of the program is built to give some extra knowledge about the specificities of our sport for disabled persons.

PARTICIPATION FEES

By participant: **450,00 €**

Participation fees include:

- Transport to and from Belgrade airport "Nikola Tesla"(for those who arrive by plane)
- Accommodation in double and triple rooms for 5 days
- Local taxes
- Full board (sports) meals
- Wi-Fi free in public areas
- Parking space for according to the announcement before arrival (and for bus)
- Use of a congers/meeting room and sport hall

Extra cost for single room: **50,00 €**

REGISTRATION

Registration form as attachment.

Payment:

- 30% advance at registration (confirmation) for the seminar (before 25.02.2018.)
- 70% before arrival latest 15 days prior (before 25.03.2018.)

Number of participants is limited to 25.

Places will be allocated on a 1st arrived 1st served basis.

Delivered by Vincent Hybois, Sport Director, French Handisport Federation

Learning Outcomes:

By attending this course, coaches will have:

- Knowledge of how to teach archery for people with a disability
- Knowledge of shooting with poor standing balance
- Knowledge of shooting with a visual impairment
- Knowledge of shooting with difficulties taking the bowstring
- Experience implementing the principles of coaching an archer with a disability

Schedule:

Day 1:

Teaching someone with a disability (in the classroom)

- How to approach a person with a disability in an archery association
- The different types, categories of disability
- How to teach archery for people with a disability

Standing balance and visual impairment (on the range)

- How to shoot with a poor standing balance: Standing position, shooting with a stool, shooting with a wheelchair
- How to shoot with a visual impairment: When you can see a little, when you can't see

Day 2:

How to shoot with some difficulties to take the bowstring

- Shooting with shaking arms, shooting with just one arm, shooting without the hand and the wrist

How to shoot with polyhandicaps:

- Shooting with an electric wheelchair

Practice lessons with beginners with a disability

Delivered by Michael Peart, Paralympic Coach, Archery GB

Learning Outcomes:

By attending this course, coaches will have:

- Knowledge of Archery GB's performance environment for Para athletes
- Knowledge of the Para athlete pathway, including recruitment tactics, selection, classification and bow style selection
- Knowledge of the training requirements of Para athletes
- Knowledge of equipment optimization for Para athletes
- Identified areas for personal development as a coach to implement principles covered during this course
- Identified areas for how the coaches club or organization can implement principles covered during this course

Schedule:

Each session will start with a presentation and then progress to the shooting range. The course will provide opportunity for coaches to explore how the principles covered can be applied to their own personal development and setting for who and where they coach.

Day 3 AM: "Program"

- Archery GB's Para journey to Topping the Rio medal table, how the pathway adapted to the modern Paralympic landscape.

Day 3 PM: "Recruitment"

- How to find a champion. Selection, recruitment, classification and bow style selection.

Day 4 AM: "Training"

- How to train to become a Paralympic champion. Training loads, arrow volume, gym work and mental work.

Day 4 PM: "Equipment"

- Optimizing equipment to get the best performance. Bow selection, stool selection, chair selection, assistive devices and bespoke release aids.

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REGISTRATION FORM

NATIONAL ASSOCIATION / COUNTRY: _____

PARTICIPANT:

FAMILY NAME: _____ USUAL NAME: _____

Date of birth: _____ Wheelchair user (Yes / No): _____

Email address: _____ Mob Phone: _____

Experience in coaching archery: _____

TRANSPORT:

Date/Time of arrival: _____ Flight N° _____ From: _____

Date/Time of departure: _____ Flight N° _____ To: _____

I will use my own transport

REGISTRATION FEES:

With accommodation in double or triple room: 450,00 €

With accommodation in single room: 500,00 €

➔ 30% to be paid at registration: _____ € by bank transfer

➔ 70% to be paid before the 25th March 2018.: _____ € by bank transfer

BANK INFORMATION:

AIK Banka AD Niš,

56A: Intermediary bank: **COBADEFF
COMMERZBANK AG
60301 FRANKFURT AM MAIN
GERMANY**

57A: Account with institution **AIKBRS22
Acc.No. 400876864000EUR
AIK BANKA AD
NIKOLA PASICA 42
18000 NIS
SERBIA**

59: Beneficiary customer: **SAVEZ INVALIDA STRELIČARA SRBIJE
SAVSKA 4
PANČEVO**

IBAN: RS35105056012000435261

FORM TO BE SEND TO:

**With application, please remember to send a small CV like form - to find out the coach experience in archery and coaching, as well information if the coach has a disability.
All this information will help the tutors prepare to teach.**

Mail: dmilovic@sbb.rs

Phone: +381 63 8265327

Before the deadline: 25 February 2018.